



CANDIDATES FOR TACSM BOARD OF DIRECTORS

PRESIDENT-ELECT



Donovan L. Fogt, Ph.D.

Dr. Fogt is currently an Associate Professor in the Department of Health and Kinesiology at The University of Texas at San Antonio. He also directs the Exercise Biochemistry and Metabolism Laboratory. Dr. Fogt earned his B.S. (Nutrition Science: Dietetics) and M.S. (Exercise Science) from the University of Arizona, and his Ph.D. (Kinesiology: Exercise Physiology) from UT Austin. After earning his doctorate, Dr. Fogt completed two years each at the State University of New York College at Brockport and Baylor University. His current research interests include predicting human fatigue using physiological and cognitive data. He is currently a member of the editorial review panel for the *International Journal of Exercise Science*. Dr. Fogt has been a member of ACSM since 1997 and has recently served on the Board of Directors for ACSM's Texas Regional Chapter (TACSM).



George A. King, Ph.D., FACSMM

Dr. King is the Interim Chair and Associate Professor in the Department of Kinesiology at the University of Texas at El Paso (UTEP). He received his BS and MS degree from Colorado State University and his PhD from the University of Tennessee, Knoxville. Dr. King has actively engaged in research related to hormones and disease risk, objective physical activity assessment, and the influence of the built environment on physical activity and eating behavior. He has been a member of ACSM since 1997 and a member of TACSM since 2001. As an active member of TACSM, he served on the Board of Directors (2008-2011), and as an evaluator for TACSM poster presentations, Student Research Development Awards (SRDA), and Student Manuscript Awards. Dr. King is committed to the positive development of creative, ethically responsible students through mentorship and opportunity. To strengthen the TACSM commitment to students, he plans to work with the Board of Directors to develop Texas inter-institutional opportunities for stimulating undergraduate interest in research careers.



Melody Phillips, Ph.D.

Dr. Phillips is currently an assistant professor in the Department of Kinesiology at Texas Christian University (TCU). Dr. Phillips earned her B.A. (Exercise, Sport, and Health Studies) from the University of Texas at Arlington, her M.S. (Exercise Physiology) from Texas Christian University, and her Ph.D. (Exercise Physiology) from Purdue University. Dr. Phillips began her tenure at TCU in 2004 where she assists in directing the Exercise Physiology Laboratory. Her research focuses on the influence of resistance training on inflammatory markers associated with the metabolic syndrome in postmenopausal women. Dr. Phillips' research interests also include the influence of sport/exercise on inflammatory profile in athletes and the role of cytokines as substrate regulators during exercise. Dr. Phillips is currently studying 1) the interaction between fitness and obesity on low-level systemic inflammation, and 2) the influence of ultra-high intensity training (in triathletes) on antimicrobial peptides in saliva and blood. Dr. Phillips has published in various peer-reviewed journals including *Medicine and Science in Sports and Exercise*, *The Journal of Strength and Conditioning Research*, *International Journal of Sports Medicine*, and others, and has given numerous research presentations at national and international scientific meetings. In 2006, Dr. Phillips received the Distinguished Alumni Award for the College of Education from the University of Texas at Arlington. She has been an active member of ACSM since 1995 and a member of TACSM from 1994-2001 (as a student), and 2004 – present (as a faculty member). She has also served on the TACSM Board of Directors as the treasurer since 2010.



CANDIDATES FOR TACSM BOARD OF DIRECTORS

REPRESENTATIVE (NON-MEDICINE)



Peter W. Grandjean, Ph.D., FACSM

Dr. Grandjean is an Associate Professor in the Department of Health, Human Performance, and Recreation at Baylor University. He is currently the Director of the Center for Healthy Living and the Baylor Laboratories for Exercise Science and Technology. He earned his B.A. in Biology and Physical Education from Anderson University and his M.S. degree, under the guidance of Dr. Joel Mitchell, at Texas Christian University in 1992. In 1996, he completed his doctoral studies at Texas A&M under the mentoring of Dr. Stephen Crouse. Dr. Grandjean served on the faculty at Auburn University from 1996 until 2010.

Dr. Grandjean has been a member of ACSM since 1991. He was an active student member of TACSM during the 1990's and an enthusiastic member of the Southeast Chapter of the American College of Sports Medicine (SEACSM) while at Auburn University. He has served on the Editorial Board of the ACSM's Fit Society® Page and currently is a member of ACSM's Constitution and Bylaws Committee. Dr. Grandjean served as a member of the Executive Board and recently as President in the SEACSM. Dr. Grandjean's research addresses human metabolic and cardiovascular responses to exercise and weight loss. His research is aimed at determining the immediate and short-term metabolic and cardiovascular responses to a variety of interventions, including the combined and unique influence of pharmacological agents, functional foods, and exercise on cardiovascular and metabolic health.



Eric J. Jones, Ph.D.

Dr. Jones is currently an Assistant Professor in the Department of Kinesiology and Health Science at Stephen F. Austin State University (SFA). Dr. Jones earned his B.S. (Fitness and Sports Medicine) from Southeast Missouri State University, followed by his M.A. (Exercise Physiology) and Ph.D. (Exercise Physiology) from The University of Alabama. Upon earning his doctorate, Dr. Jones started his career at SFA, where he is currently serving in his fifth year. His current research interests include environmental physiology (hydration, exercise induced muscle cramps) and work physiology (suspension trauma, personal protective equipment). Dr. Jones recently moved and redesigned the Human Performance Lab at SFA, of which he is Director. He has also designed and implemented ACSM curriculum at SFA and the adoption of the "Fitness and Human Performance" undergraduate degree as well as

a new Master of Science degree in "Human Performance Studies". He is currently the co-chair for SFA's Undergraduate Research Committee, which showcases the university's top undergraduate research. He has been a member of ACSM for five years, and has been a member of TACSM for three years.



Yunsuk Koh, Ph.D.

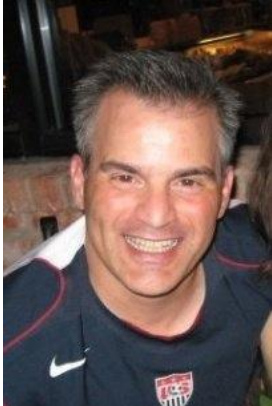
Dr. Koh is currently an assistant professor of the Department of Health & Kinesiology at Lamar University. Prior to joining Lamar, he had served as an assistant professor for 2 years at Henderson State University in Arkansas. Dr. Koh earned his B.S. (Industrial Engineering) and M.P.E (Exercise Science) in South Korea, and also received his M.S. (Exercise Science) from Mississippi State University and Ph.D. (Exercise Science) from Texas Woman's University. Dr. Koh's research interests lie in the role of exercise and obesity on risk factors for cardiovascular disease and metabolic syndrome. Dr. Koh has been a member of ACSM and TACSM since 2002. Born and raised in South Korea, Dr. Koh now lives with his two precious daughters Ivy and Grace and loving wife (Judy) in

Beaumont.



CANDIDATES FOR TACSM BOARD OF DIRECTORS

REPRESENTATIVE (MEDICINE)



Joseph A. Volpe, M.D.

I am honored to be nominated as a Medical Representative to the Texas Chapter of the ACSM. As a long time member of both the ACSM and the Texas chapter, I understand the importance of serving the local chapter. It is through the local chapters that we introduce our students to the ACSM and hopefully, a long career in the Sports Sciences and Sports Medicine. I myself joined the Texas Chapter as a Graduate Student before joining the national ACSM. I continue to learn and advance my career in Sports Medicine and Sports Sciences as a member. I have a Masters in Exercise Physiology from the University of Texas ('88) and an MD from The University of Texas Medical Branch in Galveston ('94). I completed a Residency in Physical Medicine and Rehabilitation at Baylor University Medical Center in Dallas ('98) and a fellowship in Sports Medicine at the Hughston Clinic in Columbus, Georgia ('99). I currently work at the Austin Diagnostic Clinic in Austin, Texas practicing PM&R and Sports Medicine. I have served as a Team Physician for Professional, College and High School Teams. I have also served as a Medical Representative to the Texas Chapter of the ACSM and would be honored to do so again. Thank You for your consideration and vote.



Donald E. Watenpugh, Ph.D.

Dr. Watenpugh is a scientist and clinician with long and continuing participation in exercise physiology research. He is director of Sleep Consultants, Inc., which is a private practice sleep clinic and laboratory in Fort Worth. In this context, Don sees patients with sleep complaints, and he daily prescribes exercise to help treat sleep disorders and co-morbidities. These include insomnia, restless legs syndrome, obstructive sleep apnea, obesity, ADHD, and depression/anxiety. He “practices what he preaches” concerning exercise, and he particularly enjoys orienteering. Don graduated from the University of North Texas with a B.S. (1982) and M.S. (1984) in biology. Some of his first publications documented effects of pollutants on fish swimming performance. While at the University of Texas Southwestern Medical Center (1984-1989), he helped determine how spaceflight leads to loss of aerobic fitness. As manager of the Space Physiology Laboratory at NASA Ames Research Center, CA (1989-1996), Don led development and testing of integrative exercise countermeasures against debilitating effects of spaceflight. He earned his Ph.D. in physiology in 1995 from University of California, Davis. At the University of North Texas Health Science Center (1996-2000) Don studied how compromised sleep affects responses to stressors such as exercise and orthostasis. From 2000 to 2004, he studied environmental physiology of submariners and divers at the Naval Submarine Medical Research Laboratory, CT. Accomplishments there included improvement of exercise options aboard submarines. In 2005, Don earned board certification in the specialty of clinical sleep disorders. Don currently holds adjunct appointments in Integrative Physiology at the University of North Texas Health Science Center, and in Biomedical Engineering at the University of Texas, Arlington. He has been a member of ACSM from 97-01 and 06-present, with activity at both state and national levels. He reviews for *Medicine and Science in Sports and Exercise*, *Aviation Space and Environmental Medicine*, multiple other journals (particularly APS), and NASA.